

## AN ANALYTICAL STUDY ON STUDY HABITS OF STUDENTS IN RELATION TO THEIR ACADEMIC ACHIEVEMENT

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**Abstract:** - Education is as old as human race in world. Present age is age of new discoveries and innovations. Societies have been changing due to many scientific developments. There is a rapid change in all walks of life even in education. To achieve the goal the role of the parents and teachers are very important in developing good study habits among them.

**Keywords:** Study habits, Academic achievement, Happiness

### 1. Introduction

Good study habits are the basis of happiness, efficiency and progress of life. Good habits are an asset of one's life. All of our life, so far as, it has definite form is but a mass habit social, practical, emotional, intellectual, etc. habits inspire and encourage our behavior.

According to GOOD "Study habits is the tendency of pupil to study when opportunities is given. It is the pupil way of studying. That means study is systematic of inefficient" Good study habits comprised discover a silent location to study, taking breaks, settings goals to be achieved, and taking practice assignments. Studying is a skill. Being successful in school requires a high level of study skills. Students must first learn these skills, apply them and develop effective study habits in order to be unbeaten. Very often the study habits and practices developed and used in high school do not work for students in college. Good study habits include many different skills like time management, self discipline, concentration, memorization, organization, and effort.

### 2. Good study habits points

Try not to do too much studying at one time, plan specific times for studying, try to study at the same times each day, set specific goals for their study times, Start studying when planned, Study Habits, Clipboard Checklist. There are some factors which is affecting the study habits of the students they are attention, Interest, memory of the learners.

Academic achievement is the obtained skill in the performance of an individual in a given expertise or body of knowledge. Academic achievement means skill evolved in institution courses generally throughout examination outcome. Academic achievement is the norm for selection, promotion or recognition in different areas of life. According to Eyesneck & Arnold, in the Encyclopaedia of Psychology (1972), Academic Achievement is defined as "General term for the successful attainment of goal requiring certain effort". The dictionary of Education, Good (1973), defines "Academic achievement while achievement either skill of administration within specific expertise build of facts.

Thus, Academic achievement is an end product of learning or level of performance which are affected by various conditions existing at the time of learning and its use. Academic achievement is one part of wider term of educational escalation. It refers to what a learner has achieved in different subjects of studies during the course of the year. Academic achievement has largely to do with the Intra-Individual differences within the individual from time to time or with inter-personal differences i.e. between one individual and another, between one group and another. Academic achievement is important as it helps the students to understand the hierarchy based on academic achievement i.e. higher the achievement more are the openings for the students and they can go for better lines and better jobs in all fields.

**3. Objectives of the study**

To know the relationship between the study habits and academic achievement of the students in relation to gender.

**4. Hypothesis of the study**

There is no significant difference between the study habits and academic achievement of the students.

**5. Research Methodology**

Survey method is adopted by the researcher for the present study.

**6. Tool for the study**

Self made tool on study habits is used by the researcher for the collection of the data

**7. Sample**

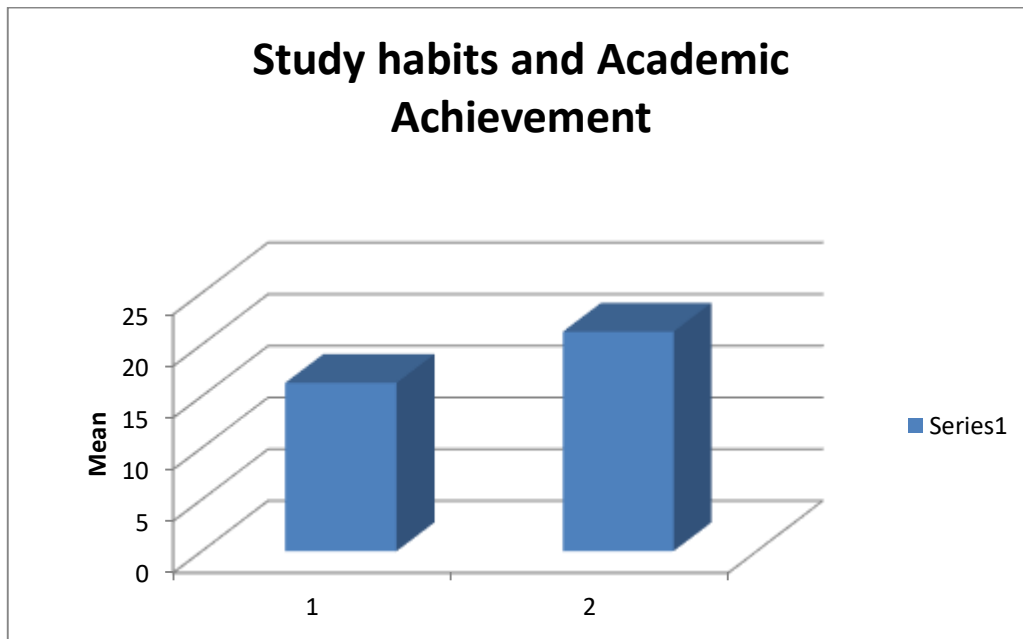
The researcher has adopted random sampling technique for the selection of the sample. A sample of 300 students studying at senior secondary level was selected by the researcher for the study.

**8. Data Analysis and findings of the study**

Table 1: Data of the girls and boys

Groups	N	Mean	S.D.	CR value	Result
Girls	150	16.28	6.47	5.66	Hypothesis Rejected
Boys	150	21.25	8.71		

At 0.05 level = 1.96



**Figure 1:** Academic Achievement

From the observation of above-mentioned table and graph, it is known that the mean value of study habits of girls and boys are 16.28 and 21.25 respectively. The calculated critical ration value is 5.06 which is greater than the tabulated value at 0.05 level of significance.

Therefore, as a result significant difference was found in the study habits of boys and girls in relation to their academic achievement. Hence the hypothesis is rejected. The findings reveal that there is a significant difference in the study habits of boys and girls in relation to their academic achievement.

#### **9. Limitations of the study**

- The study is confined only to the study habits of the students.
- The researcher has not included motivational aspect in the study

#### **10. Conclusion**

It can be concluded that there is a significant difference between the study habits of girls and boys in relation to their academic achievement. Good study habits effect the academic achievement of the students. For better academic achievement the learner must develop good study habits in him, attention and interest of the learner affects his/her academic achievement in specific subjects.

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