

ORTHOGNATHIC PROCEDURES AS AID TO ORAL REHABILITATION

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Abstract

Background - Orthognathic surgery is a surgery designed to correct conditions of the jaw and lower face related to growth, airway issues including sleep apnea, TMJ disorders, malocclusion problems primarily arising from skeletal deformities, other orthodontic dental bite problems that cannot be easily treated with braces, as well as the broad range of facial imbalances, disharmonies, deformities, asymmetries and malproportions were correction can be considered to improve facial aesthetics and self esteem

Materials and methods - All the cases reported for orthognathic surgery between June 2020 and February 2021 were considered in this study. The details of patients who underwent orthognathic surgery for oral rehabilitation and esthetics were retrieved from dental information archiving systems. The data obtained was recorded in excel and subjected to statistical analysis.

Results - A total number of 70 patients had undergone orthognathic procedures during the study period. Orthognathic surgery is most commonly done among males than females and done in both arches. Functional reason is most commonly done for prosthesis and in the age group of 46-60 years of age. 10% of the study population had orthognathic surgery for functional reasons. The rest were all for esthetic reasons and in the age group of 15-30.

Conclusion Within the limitations of study, it is concluded that orthognathic surgery can be successfully used for aiding in management of prosthetic rehabilitation, airway management and TMJ deformities. This also confers that OGS is not a procedure limited to the young population alone and can be used for older age groups when needed with positive outcome.

Keywords: orthognathic surgery, oral rehabilitation, functional, esthetics, orthodontics, jaw surgery, innovative technique.

Introduction:

Achieving satisfactory results in the treatment of complex cases requires a multidisciplinary approach that allows the personal therapeutic limits of each party involved in the treatment plan to be extended.[1] Orthognathic surgery, therefore allow us to overcome the challenges associated with orthodontics, such as loss of anchorage in cases of multiple edentulous spaces, restricted alveolar compensation, and of conventional prostheses, such as the impossibility of correcting gaps that are too large, midline shifts, open bite, overbite, overjet or misalignment of the prosthetic axes.[2] The objective of orthognathic surgery is to correct maxillomandibular deformities or dysmorphism, whether they are congenital or acquired. Comprehensive oral rehabilitation.[3][4]

Orthognathic surgery also called as corrective jaw surgery or simply jaw surgery, it is a surgery designed to correct conditions of the jaw and lower face related to growth, airway issues, structures including sleep apnea, TMJ disorders, malocclusion problems primarily arising from skeletal deformities, other orthodontic dental bite problems that cannot be easily treated with braces, as well as the broad range of facial imbalances, disharmonies, deformities, asymmetries and malproportions were correction can be considered to improve facial aesthetics[5] and self esteem.[6] The jaw osteotomy, either to the upper jaw or lower jaw, requires an oral and maxillofacial surgeon to surgically align an arch of teeth,[7] or the segment of a dental arch with its associated bone, relative to other segments of the dental arches.[8] Working with orthodontists, the coordination of dental arches has primarily been directed to create a working occlusion.[9] orthognathic surgery is seen as a secondary procedure supporting a more fundamental orthodontic objective.[10][11] It is only recently, and especially with the evolution of oral and maxillofacial surgery in establishing itself as a primary medical specialty as opposed to its long term status as a dental speciality that orthognathic surgery has increasingly emerged as a primary treatment for obstructive sleep apnoea, as well as for primary facial proportionality or symmetry correction[12][13]. Our team has extensive knowledge and research experience that has translate into high quality publications[2],[14],[15],[16],[17-26][27],[28-30].[31,32] The aim of the study was to access orthognathic surgery procedures as aid to oral rehabilitation.

Materials and methods:

This is a retrospective study done in an institutional set up in India. The data of all patients who visited the institution between June 2020 and February 2021 were reviewed and analysed. These data were cross verified with photographs. Among a sample data of 69 patients who had undergone OGS, n=70 patients were finally included by inclusion criteria (orthognathic surgery in non syndromic patients) and exclusion criteria (Treatment of patients with syndromes; cleft lip or palate treatment or both). Data collected with following parameters age and gender. Approval of the ethical committee was taken before the start of the study. Records of total number of patients who underwent orthognathic surgery between June 2020 - February 2021. Information regarding the reason for orthognathic surgery, oral rehabilitation in outcome were analysed. Data were analysed using SPSS statistical software . Data analyses done using chi square test . P value was set as 0.05 as level of significance.

Results

Out of the total number of orthognathic surgery. Most common age group to have orthognathic surgery is 15-30 years (91%) followed by 31-45 years (5%) and 46-60 (4%) (graph 1) Males (53%) are most common to have orthognathic surgery, when compared to female (46%) population in this study group (graph 2). 49% of orthognathic surgery was done in both arches and then lower arch (31%) followed by upper arch (18%)(graph 3). Orthognathic surgery is most commonly done for aesthetic reasons (90%) (graph 4) and commonly done for the age group between 15-30 years of age (graph 5). However, a reasonable number of patients in both genders underwent OGS for functional purposes including TMJ disorders (n = 2) and prosthetic rehabilitation (n = 5) (graph 6 & 7).

Legends:

Graph 1: Bar graph showing a frequency distribution of the age group who underwent orthognathic surgery. X axis shows age group and Y axis shows percentage of patients with orthognathic surgery. Purple colour represents 15-30 years, red colour represents 31-45 years and green colour represents 46-60 years.

Graph 2: Bar graph shows a frequency distribution of gender who underwent orthognathic surgery. Males are more prone to have orthognathic surgery than Female. Pink colour represents the male and grey colour represents the female.

Graph 3: Bar graph shows a frequency distribution of tooth number sites in which orthognathic surgery had been done. X axis shows the location and the Y axis shows the percentage of orthognathic surgery. Pink colour represents upper arch, brown colour represents lower arch and beige colour represents both arch.

Graph 4: Bar graph shows a frequency distribution of reason in which orthognathic surgery had been done. X axis shows the reason and the Y axis shows the percentage of orthognathic surgery. Blue colour represents the aesthetic reason and green colour represents the functional reason.

Graph 5: Bar graph shows an association of reason of orthognathic surgery and age group. X axis shows the age and Y axis shows the percentage of orthognathic surgery. Blue colour represents functional reason and green colour represents esthetic reason.

Graph 6: Bar graph shows an association of reason of orthognathic surgery and gender. X axis shows the age and Y axis shows the percentage of orthognathic surgery. Blue colour represents aesthetic reason and green colour represents functional reason. Male is the most common gender group to undergo orthognathic surgery for aesthetic reasons.

Graph 7: Bar graph shows orthognathic surgery for functional reasons. X axis shows the functional reasons and Y axis shows the percentage of orthognathic surgery. Purple colour represents TMJ disorders and yellow colour represents prosthetic rehabilitation.

Discussion:

Loss of teeth affect the function of the stomatognathic system, particularly if left untreated over an extended period of time. Orthognathic surgery is most commonly done for young groups who are medically more healthy and shown to be associated with less complication and good prognosis. However when orthognathic surgery is needed in elderly patients who are medically compromised, the fear of complications sets limitations in considering the procedure even if indicated. In this study, 9% of the population were over 35 years and had underwent orthognathic surgery with no major complication, hence proving that the OGS is safe and can be done in all age groups of people.

Orthognathic surgery involves the surgical correction of the components of the facial skeleton to restore the proper anatomical and functional relationship in patients with dentofacial skeletal abnormalities.[33][34] An important component of orthognathic surgery is the bilateral sagittal split osteotomy (BSSO), which is the most commonly

performed jaw surgery, either with or without upper jaw surgery. Several studies have reported the impacts of orthognathic surgery on the psychological, physical, functional, and esthetic aspects of quality of life among patients both before and after surgery[35]. According to the World Health Organization, quality of life is defined as an individual's perception of his/her position in life in the context of the culture and value systems in which they live and in relation to their goals, expectations, standards, and concerns. In addition to the impact on quality of life and patient satisfaction in the postoperative period is another important outcome that can be evaluated, as it is one of the main goals of treatment. Kiyak et al.[12] observes patients' expectations before surgery, and the information provided by the staff may be considered predictors of patient satisfaction after surgery. While the rate of satisfaction following orthognathic surgery is very high, some patients report dissatisfaction with the results despite a successful procedure. [36]The reasons for such dissatisfaction and its impact on patient quality of life have not yet been fully elucidated[37]. Edentulism not only affects the adjacent teeth.[38][39] They may move for an undesirable period of time.[40] It has been demonstrated that dimensional ridge resorption eventually occurs following tooth loss.[41] Various studies on this topic reveals that orthognathic surgery is most commonly for esthetic reason than functional reason.[11] These results coincide with our study orthognathic surgical procedures have been initially disciplined to reposition the jaws and have been traditionally used in the dentate patient to correct a skeletal malocclusion.[42] These procedures are usually carried out with orthodontic control; moreover, these procedures are used on the edentulous patient to correct the description between the maxillary and the mandible associated with the placement of implant to rehabilitate the oral cavity.[43,44] This reconstructive method has the advantages over other commonly used pre prosthetic techniques to have orthognathic surgery, when compared to male.[45][46] Complications such as excessive blood loss, ischemic changes, nasal bleeding, maxillary sinusitis, osteomyelitis[47], condylar sag may occur. This was stated by c.howley.[48] However, mostly these complications are avoided with careful systemic treatment planning and careful evaluation of the surgical procedure,[49] while giving due respect to the underlying philosophy of orthognathic surgery.[50,51]

Conclusion:

Within the limitations of study, it is concluded that orthognathic surgery is commonly used for aiding in management of malocclusion, skeletal deformities, prosthetic rehabilitation, airway management and TMJ deformities in our population. This also confers that OGS is not a procedure limited to the young population alone and can be used for older age groups when needed with positive outcome.

ACKNOWLEDGEMENT:

The authors would like to acknowledge the help and support rendered by the Department of oral and maxillofacial surgery, Saveetha Dental College and Hospitals, Saveetha Institute of Medical and Technical Sciences, Saveetha University for the constant assistance with the research.

FUNDING:

The present study is funded by

- Saveetha Institute of Medical and Technical science
- Saveetha Dental College and hospitals
- Saveetha University
- Mithra Foundation, Cuddalore.

CONFLICT OF INTEREST:

None declared.

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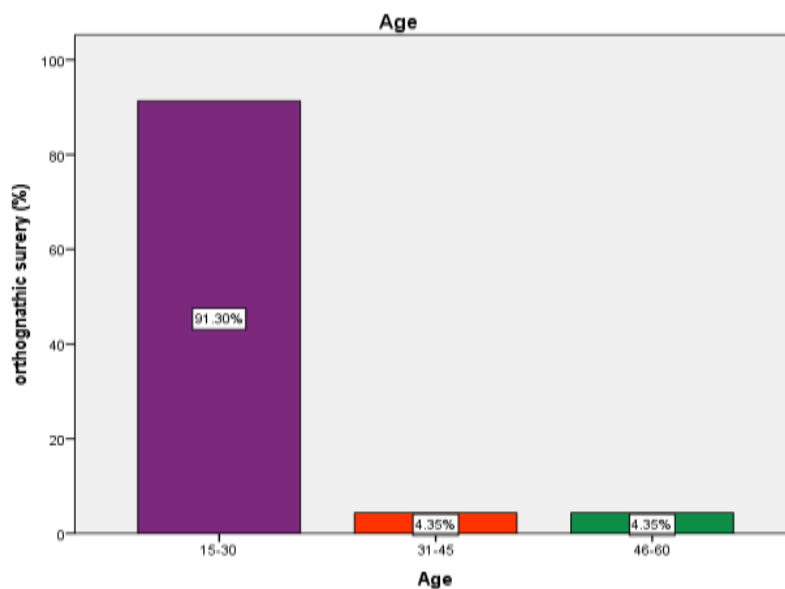
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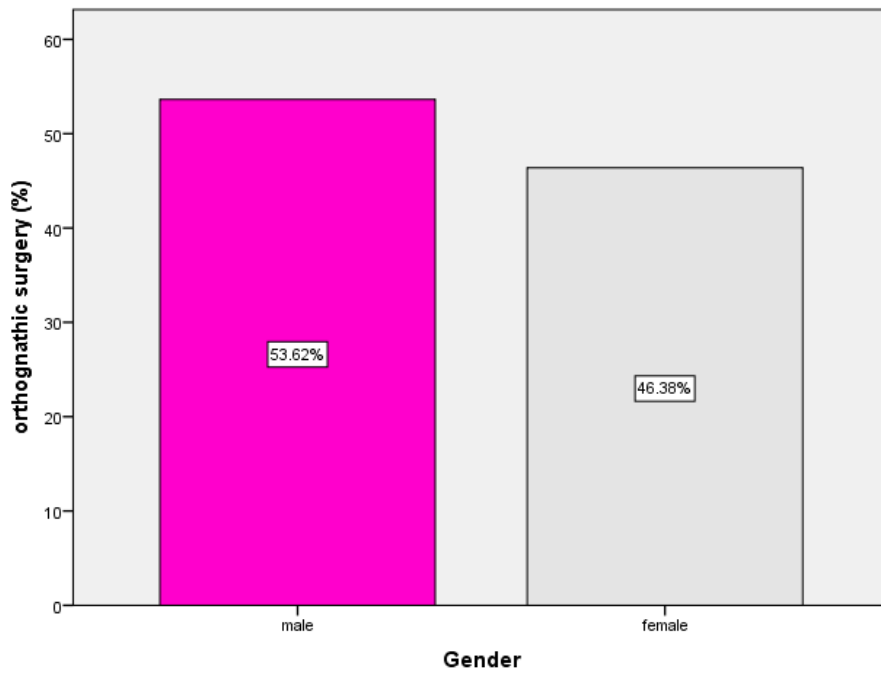
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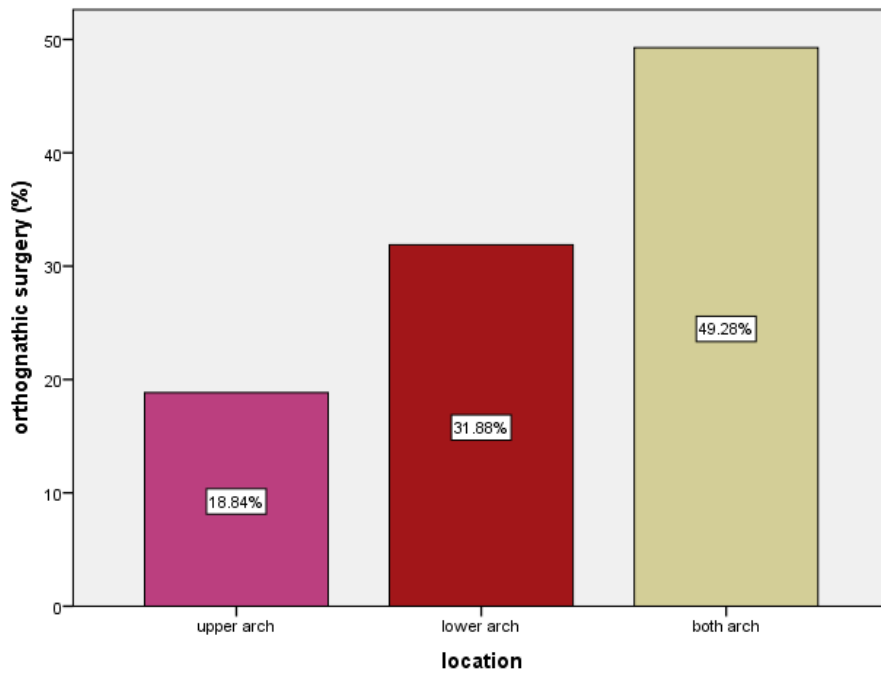
Graph 1:



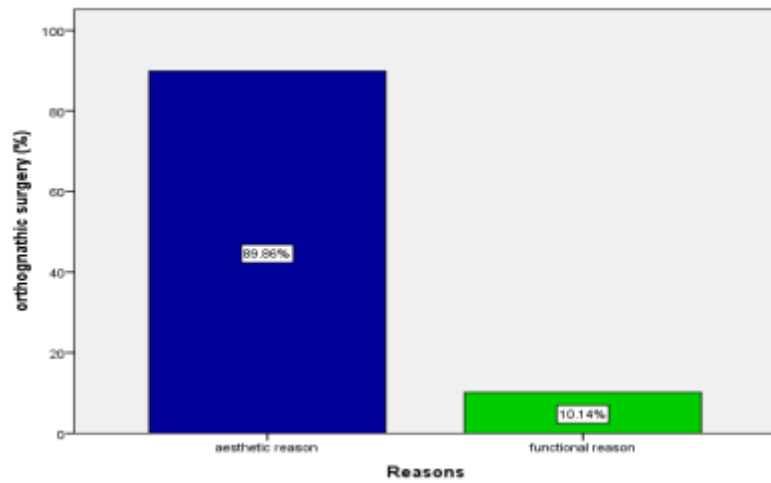
Graph 2:



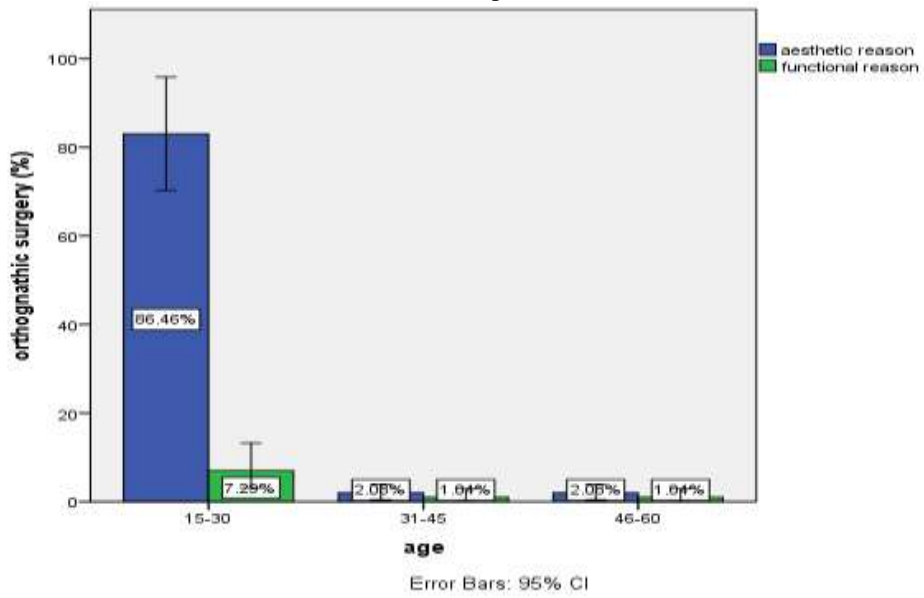
Graph 3:



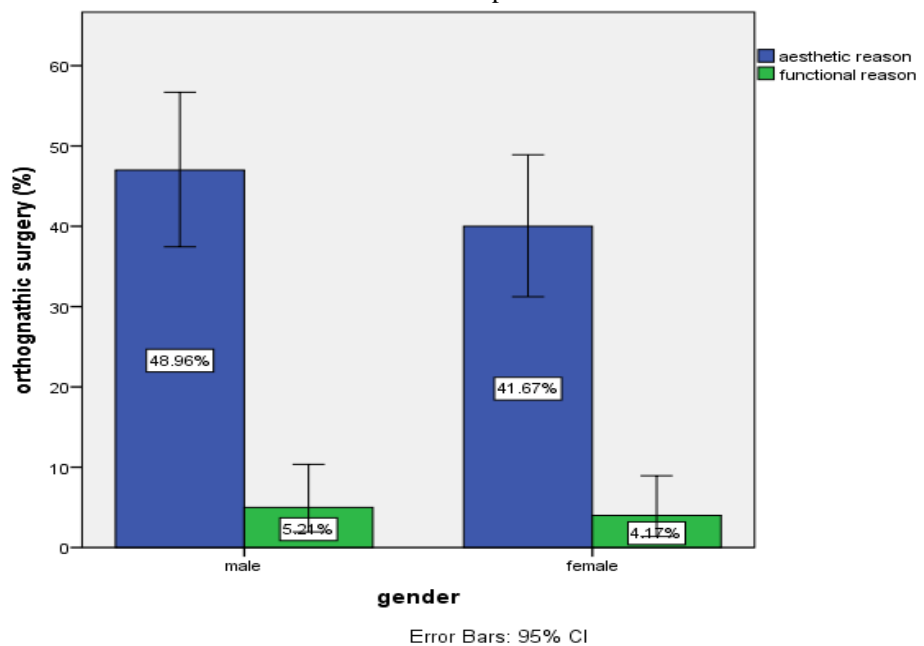
Graph 4:



Graph 5:



Graph 6:



G

raph 7:

