

A Case Report on Management of 8-Year-Old Child with An Arteriovenous Malformation and Haemangioma in The Right Gluteal Region.

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ABSTRACT:

Introduction: A birthmark identified as a haemangioma. It can be bright or dark in colour. In the first or second week of life, it can also occur. It resembles a rubbery lump brought on by too many blood vessels in the skin. Anywhere on the body, including the face, scalp, chest, and back, can develop haemangioma. Haemangioma is an abnormal collection of blood vessels in the skin or internal organs.

Case presentation: An eight-year-old girl was admitted to the emergency room complaining of pain over recent lesions in her right gluteal region. As narrated by the Patient's mother-child had a small lesion at birth which was gradually increasing in size, the swelling was with pain and inflammation of the surrounding area, the Patient had under gone embolization of the right iliac artery one month back, now there was pus discharge and in the duration of the local site and the Patient was hence brought for further management. The lesion was about 5.1 × 10.7 × 13 cm in size at the onset first appeared. No one in her family has ever complained about a similar illness condition. Physical examination of the Patient revealed fluid flowing from the lesion. After the Patient's diagnosis of angiofibrolipoma was confirmed, the Patient was referred to the surgical department for further therapy. Histopathological analysis of the skin biopsy indicated this condition.

Conclusion: One of the frequent side effects of hypervascular venous malformations is the arteriovenous malformation haemangioma. Its severity plays a significant role in determining the likelihood of surviving in poor health, as well as the hazards to bodily processes.

KEYWORDS: Embolization, hypervascular, venous malformations, haemangioma.

INTRODUCTION:

A benign vascular tumour called an intramuscular haemangioma commonly affects the lower extremities. A typical benign tumour is known as a soft-tissue haemangioma and can form intramuscularly, subcutaneously, or on the skin. Although the cause of haemangioma growth within a muscle compartment is often developmental, some cases have been linked to blunt trauma to the soft tissues¹. A benign vascular tumour called an intramuscular haemangioma commonly affects the lower extremities. The gluteus medius muscle was the site of an unusual intramuscular haemangioma; less than 1 per cent of all haemangioma are intramuscular haemangioma, considered a rare malignancy. Typically, the clinical presentation does not resemble a typical vascular tumour. Preoperative diagnosis is highly challenging, and the problem is frequently only found during surgery or after Histopathological analysis^{2,3}.

Nearly every area of the body, including the skin, subcutaneous tissue, intramuscular, splanchnic tissue, and skeletal, can develop haemangioma, a type of tumour originating from vascular tissue. The majority of deep intramuscular tumours, which are more prevalent in people under the age of 30, are intramuscular haemangioma, which accounts for lower than 0.8 per cent of all haemangioma³. Sometimes the intramuscular haemangioma may be asymptomatic in the body. At first, it was typically asymptomatic. When a haemangioma tumour enlarges, it may put pressure on nearby muscles and nerves and push them, resulting in a variety of indications and symptoms. Any area of skeletal muscle tissue can develop clinical abnormalities, however the lower limbs are more frequently affected. It is more difficult to control and treat gluteal intramuscular haemangiomas that are larger⁴. Since the early symptoms of an intramuscular haemangioma are non-specific and not apparent, it may be difficult to recognize them and determine an accurate diagnosis. Compared to other

imaging modalities, magnetic resonance imaging may offer more concise information about the nature, origin, and size of the lesion in a patient with a soft-tissue mass suspected to be a haemangioma^{1,2}.

CASE PRESENTATION:

This case includes an 8-year-old female child. A known case of post-operative haemangioma has come for further management at tertiary rural hospital Wardha. As narrated by the parents, the child had a small lesion at birth which was gradually increasing in size. The swelling was associated with pain and inflammation of the surrounding area. The Patient had undergone embolization of the right iliac artery one month back now, there was pus discharge, and induration of the local site and the Patient was hence brought to a Tertiary rural hospital for further management.

Physical examination: On admission, the Patient was afebrile, HR -88 beats/ min, RR-24 breaths/min; on systemic analysis: Cardiovascular system-s1s2 sound heard, no murmurs, per abdomen - soft non-tender. By central nervous system, examination child was fully conscious. And she was oriented to time, place and person.

Investigations were done haemoglobin -10.8 gm%, Platelets count were -3.92, Hematocrit-31.2, TLC-13300, urea-15, creatinine-0.2, Serum sodium-146, serum potassium -4.6. Patient was started on Inj Ceftriaxone, Amikacin, metrogyl, Pantoprazole and Emset. A plastic surgeon call was done for right gluteal A.V. malformation and advised for local site colour Doppler. I.R. call was done, and angiography S.O.S. embolization. A wound culture was sent, and the Patient was shifted to the PICU as there was active bleeding in the right buttock and advised for P.R.C. Transfusion. P.R.C. transfusion of 1 pint was done, and it was uneventful. The culture was sent, and a sample of pseudomonas was sensitive to meropenem, so Amikacin was omitted, and meropenem was added. I.R. call was again done for embolization and debridement and sent to the Patient the next day for Doppler. Wound dressing was done, and 100 ml blood loss was present. The Patient was again transfused with P.R.C., which was uneventful. The Patient was shifted out of the Paediatric intensive care unit. The Patient was put on Inj. Vancomycin and linezolid, tab pregablin along with Inj meropenem, Syp calcimax, syp cremafin and Vit. D3 sachets.

Preoperative care: Under all aseptic precautions and general anaesthesia, painting and draping were done, the Patient kept in the prone position, and the slough was removed over the right gluteal region. Sterile dressing with Vaseline, and betadine has done. Procedure uneventful, Patient shifted to ward. Specimen sent for culture and Histopathological examination. Wound debridement was done until fresh edges were obtained until muscle was done under general anaesthesia with blood loss of 250 ml. Antibiotic Inj Ceftriaxone was started Patient was shifted to the PICU. As the Patient had no fever spike and no fresh issues post-operatively, she was moved to the ward and was continued on Inj—Ceftriaxone, Amikacin, metrogyl, and tramadol. A surgery call was done and advised to start septran tablet, stopinjectable, high protein diet.

Dietary management: A dietician call was given for diet and advised 1800 kilo calories with 26 gm of protein, low fat and high fibre. A cardiopulmonary respiratory physiotherapy call was done and advice was given for increasing the range of moments (R.O.M.) within available range and positioning. The Patient was started on syp calcimax, Vit D3 sachets, tab. Ultracet, tab. limcee, and tab. Multivitamin. The Patient complained of fever, so a complete blood count was sent Hb-10.5ngm %, TLC-6700, platelets-3.03 lack of RBC -3.89, HCT-31. Patient was started on Inj. Augmentin and pantoprazole as the Patient had fever spikes. A blood transfusion of 130 ml P.R.C. over 3 hours has been done. For low haemoglobin, blood transfusion was again done with 1 unit of P.R.C. and was uneventful. The Patient was posted for flap reconstruction under general anaesthesia. Post reconstruction patient was shifted to the PICU and was continued on Inj meropenem, tab. septran, Inj pantoprazole, Inj emset, Inj Paracetamol, syp. Calcimax, tab. limcee. Patient was shifted to the ward on the next day and was advised to continue same treatment. The Patient was started on a tab of loperamide. A urine culture was sent, and the result revealed that there was no bacterial growth in the urine. A patient has been started on itraconazole.

Dressing of the wound site was done, and the catheter was changed. The Patient was started on syp—Cefpodoxime along with the current treatment. Again urine culture was sent, and no red blood cells but plenty of pus cells and sensitivity to tigecycline and Colistin. The Patient was started on Colistin. A physiotherapy call was given, and advised for actively assisted heel slides with end-range stretch were advised. Urinary routine and microscopic examination were done, and plenty of pus cells were seen.

Due to overall expert medical and surgical management patient's condition was improved.

DISCUSSION:

The most common area to develop a haemangioma is the head and neck area, which is the most prevalent soft tissue tumour in children (about 60% of cases). Abnormal growth of blood vessels, known as a haemangioma, can develop in any vascularized tissue, including the skin, subcutaneous tissue, viscera, muscle, synovium, and bone. However, they do not spread to avascular tissue like cartilage. Haemangiomas are classified as hematomas by some, while neoplasms by others. The skin or subcutaneous tissues are where they most frequently appear.

Visceral haemangioma is far less frequent but can harm your organs. Deep soft tissues and bones are affected, as well. Haemangiomas are linked to other illnesses⁵⁻¹⁴.

The present case is a known case of post-operative haemangioma that has come for further management at tertiary rural hospital Wardha. As narrated by the parents, the child had a small lesion at birth which was gradually increasing in size. The swelling was associated with pain and inflammation of the surrounding area. The Patient had undergone embolization of the right iliac artery one month back now, there was pus discharge, and induration of the local site and the Patient was hence brought to a Tertiary rural hospital for further management. After all investigations, the Patient was posted for flap reconstruction under general anaesthesia. Now Patient's condition is fair.¹⁵⁻²¹

An author of this case report made reference to an intramuscular haemangioma, a benign vascular tumour that might occasionally affect the lower limbs. A lumbar disc herniation that manifested as an intramuscular haemangioma in the gluteus medius muscle was diagnosed. A 36-year-old woman was admitted to the hospital with incidental and infrequent soreness over her left buttock. After receiving the lumbar disc herniation diagnosis, she had additional therapy. Despite the fact that her discomfort had only slightly subsided, she soon experienced a relapse; M.R.I. and X-ray revealed a mass in her gluteus medius muscle. The mass was removed since it was thought to be a malignant tumour. And an intramuscular hemangioma was the final classification. After that, the Patient's pain vanished completely and didn't return. Since patients with intramuscular haemangiomas typically show no particular symptoms, this tumour is occasionally incorrectly identified. The diagnosis should be promptly reevaluated when an effective and satisfactory treatment result is not attained²²⁻²⁴. Now, after treatment of medical and surgical management patient is stable.

CONCLUSION:

Even though muscle fibrosis is the most common cause of a snapping hip, intramuscular haemangioma should be included in the differential diagnosis.

A case of an 8-year-old female child. A known case of post-operative haemangioma has come for further management at tertiary rural hospital Wardha. After surgical and medical treatment, her health status improved.

ETHICAL APPROVAL: Not applicable

PATIENT INFORM CONSENT: While preparing a case report for publication patient's informed consent has been taken.

CONFLICT OF INTEREST: The author declares that there are no conflicts of interest.

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